

Jared Nadin

For

Deputy President

Welfare Officer

Manifesto

Who am I?

My name is Jared Nadin, I'm a student from the BA World Music in the Irish World Academy of Music and Dance and I am seeking your vote for Deputy President Welfare Officer 26/27. I'm originally from Clare, but I have lived in Limerick for 16 years and UL has always been a part of my life, I even did my childhood swimming lessons in the PESS pool. I've worked as an orientation guide, a First 7 Weeks guide, I did my co-op in UL and since June 2025 I have been the Vice President Academic Officer with UL Student Life.

Why am I re-running?

During my term as Academic Officer I've had the opportunity to represent students across the University in committees like the Academic Council. I've also campaigned for standardised grades, repeat-fee reform and expanded i-grade access, hosted an Academic Fair and the Exam Breakfast/Exam Destress campaigns, and supported over 250 students with academic issues.

I am running for the Welfare Officer role this year because working in the Union has shown me how deeply important the role is. Welfare issues are at the core of so many challenges faced by students. Physical and mental health, financial pressures, accommodation and safety concerns all have an impact on the student experience and I am passionate about improving that experience in any way I can. I want to continue to represent students and I believe I can have a greater impact if elected as your Welfare Officer.

Campaign Goals-Health

I want to run a series of events and campaigns to promote students' physical, mental, and sexual health, and to improve access to free period products.

Physical & Mental

- Reviving the **Wellbeing Series** of talks and **workshops** on topics like **academic stress**, **sleep management** and **mental health**.
- Organise a campaign to **promote the current health supports** on campus, like the **Student Health Centre** and the **Togetherall** digital support service.

Sexual & Gender

- Organise a health event around **International Men's Day** in October, and **International Women's Day** in March **normalising mental health issues** and promoting gender-based **physical and sexual health**.
- Make **free contraceptive products** more accessible on campus. Ensuring North Campus students can access free **condoms** and **lube**. Campaign for **free dental dams**.
- Run a promotional campaign **destigmatizing STI Screenings**, encouraging students to access **free screenings** that are already available to them.
- Expand access to **free period products**. Explore installing **collection bins**, similar to those in University of Galway, at **key locations around campus** to ensure **every student** who needs them can collect **free period products** easily.

Campaign Goals- Campus Welfare

Students are facing a cost-of-living crisis and an accommodation crisis, and over 40% of our students commute further than 10km. If elected as Welfare Officer, I will lobby the University and local and national government on issues like food access, housing, and transport.

Food Access

- Lobby UL to introduce a **student-friendly pricing** model for food on North Campus, similar to the €5/€7/€9 meals available in Main Building and Kemmy Business School.
- Continue the work of past officers in campaigning for a **student pantry**, like those in other Irish universities, where **free groceries** are available to students that need them.
- Encourage UL to **continue funding the commuter hub**, providing **free breakfast** to students commuting long distances. Lobbying for '**commuter zones**' in key campus buildings where students can access microwaves and kettles.

Housing & Transport

- **Lobby the University**, as well as **local and national government**, to **take immediate action to address student housing**. Lobby the Minister for Housing to **amend the new rental rules**, which will disproportionately affect students in private rental accommodation.
- Campaign for **more bus shelters** to be included in the Bus Connects plan so students who are forced to wait for unreliable buses **won't have to face the Irish weather**.
- Lobby the University and local government to **urgently address the traffic and parking** situation on campus. Explore options like **student carpooling spaces**, **e-charging stations** in student parking areas, or the introduction of a **park-and-ride service**.

Campaign Goals- Personal Welfare

During my term as Academic Officer I encountered many students experiencing personal wellbeing issues ranging from student safety to financial pressure and academic stress. As your Welfare Officer, I want to ensure that the Students' Union does all it can to protect your safety and to help connect you with the support services available to you when you need them.

Safety

- Organise campaigns raising awareness of student safety issues like **race- and gender-based violence, SA and IBSA, and homophobia.**
- Run a series of **harm-reduction initiatives** to highlight the potential **dangers of alcohol, drugs, and gambling.** Collaborate with and promote UL's **Substance Use and Gambling Support Service.**

Finance

- As part of the **Wellbeing Series**, host **budgeting workshops** to help students **manage their finances** during the **cost-of-living crisis.**
- Lobby UL to **end hidden costs** like equipment or mandatory books/e-books. Campaign for all **course costs to be listed on the course page** on UL.ie.

Academic Stress

- Organise a series of **destress initiatives** during exam season such as **mindfulness sessions, free use of the Student Centre Games Room** at set times, and a pop-up **“destress-zone”** at locations around campus.

Conclusion

I am passionate about UL and committed to continuing to work on behalf of students. A vote for me is a **vote for continuity** in the Union, allowing me to continue advocating on your behalf and enabling the Union to **keep momentum** on existing campaigns and **maintain pressure** on the University to deliver real change for students. I have been proud to be your Vice President Academic Officer, and it would be my honour to represent you as your Deputy President Welfare Officer. With your vote, **I will advocate for your welfare needs** at the highest levels in the University and ensure UL Student Life does all it can to support student wellbeing.

A vote for Jared is a vote for **Safety for All, Health and Wellbeing for All, Food Security for All, Period Products for All, and Compassion for All.**

One UL for All.

Vote #1 Jared Nadin for Deputy President Welfare Officer